

This matter is being dealt with by: Nathalie Birkett
Your Reference:
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2nd February 2023

Dear Colleague,

Acceptance of refreshed Patient Group Directions for emergency contraception (EC) under the Locally Commissioned Public Health Contract with Nottinghamshire County Council ('Contract') effective from 1st March 2023.

Please find details below of a number of actions required with regards to the supply of free emergency contraception in community pharmacy under the Locally Commissioned Public Health Services (LCPHS) contract with Nottinghamshire County Council ("the Council"). The PGDs are based on national emergency contraception templates. The national template document states that this is an updated template (no clinical changes to expired V1), however we have updated local information and this information is in italics.

There are a number of documents attached that support delivery to the service, these include:

1. Two Patient Group Directives (PGDs) for emergency contraception:
 - A refreshed PGD for Levonorgestrel 1.5mg effective from 1st March 2023
 - A refreshed PGD for Ulipristal acetate 30mg effective from 1st March 2023
2. A refreshed Service Specification for the provision of free emergency contraception delivered as a Locally Commissioned Public Health Services (LCPHS).
3. A refreshed EHC contract

Actions required in order to continue to provide a seamless service include:

- Pharmacists must work to the PGD
- Each registered pharmacist(s) must **read, sign and return** their own individual authorisation form on pages 16 and 17 of both PGDs and a list of who is working to the PGD must be kept within the pharmacy. Each pharmacist working to a PGD should have their own copy
- Return the signed PGDs (pages 16 and 17 of both) by email to LCPHS.Queries@nottsc.gov.uk and retain a hard copy of the signed PGD in the pharmacy.
- Complete, Sign and return the EHC contract

We appreciate that this is a very busy time. For this reason, we are allowing extra time to return the signed PGDs. As the old and new PGDs overlap each other, the old PGD is still applicable but we would like the signed PGDs returned by email by 30th April 23

Please could you ensure that any old consultation forms, service specifications and any previous Levonorgestrel 1.5mg and Ulipristal acetate 30mg PGDs are retained securely, ensuring the names of the pharmacist working to these expired PGD have been recorded on file for at least 2 years.

In addition to the PGD, we would like to give information on how to manage requests for transgender people. Detail can be found in the [FSRH CEU Clinical Statement: Contraceptive Choices and Sexual Health for Transgender and Non-Binary People](#), this contains information on both emergency and ongoing contraception. With regard to emergency contraception, the FSRH state that "Both oral EC

methods, (ulipristal acetate 30 mg and levonorgestrel 1.5 mg) and the Cu-IUD can be used by trans men and non-binary people without interfering with the hormone regimens used in the treatment of trans and non-binary people.”

One of the challenges that we face in preparing PGDs is to anticipate the range of situations that can occur in practice. If you encounter a situation that is new to you, the FSRH have guidance and statements on a wide range of situations which you can access at <https://www.fsrh.org/standards-and-guidance/>.

May I take this opportunity to thank you for your continued work and commitment in providing this service which is a valuable part of an integrated approach to sexual health service provision across Nottinghamshire.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'N. Birkett', with a long horizontal stroke extending to the right.

Nathalie Birkett
Group Manager
Public Health Contracts and Performance