




Community
Pharmacy
Nottinghamshire
Your Local Pharmaceutical Committee



Nottinghamshire
LPC
Academy




Preparing for revalidation




Aims

At the end of the workshop you will have

- reviewed the revalidation framework and process of submitting records
- prepared a set of notes to complete the reflective account submission, and
- prepared a set of notes to complete 90% of the peer review submission.



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Agenda

- The revalidation framework
- Submission of your records
- Creating your reflective account
- Undertaking and recording your peer discussion
- Next steps



The revalidation framework

- Annual requirement to submit
 - 4 CPD records (at least 2 planned)
 - 1 reflective account
 - 1 peer discussion





Planned and unplanned CPD

Planned

- What do you want to learn?
- Why is it relevant?
- How will you learn what you want to learn?
- How have you put the learning into practice?
- Share real examples
- What feedback have you had?


Unplanned

- What was the activity that lead to the learning?
- What did you learn?
- How was it relevant?
- How have you put the learning into practice?
- Share real examples
- What feedback have you had?



Submission

- Must be submitted through online portal
(Can apply to provide paper records in exceptional circumstances)
- Must relate to activities you have completed with examples of benefit for people using your service
- **Confidentiality of patient information must be maintained**



If you can't submit some or all of your records...

- Contact the GPhC
- May still be able to renew without submitting with good reason
- May accept reduced number of records
- May provide extension
- Reasons
 - Sick leave
 - Maternity cover
 - Military posting
 - Breaks from practice
 - ...



Review of revalidation submissions

- Random sampling
- Targeted sampling
- Review by professional and lay reviewers
- Outcomes
 - Meet standards
 - Remediation
 - Opportunity to resubmit
 - Potential administrative removal from register if no improvement



Reflective account

- Reflect on how you meet the standards for pharmacy professionals
- Increases awareness and understanding of standards
- Understand how your practice effects the people using your service
- Standards for 2019
 - standard 3** pharmacy professionals must communicate effectively
 - standard 6** pharmacy professionals must behave professionally
 - standard 9** pharmacy professionals must demonstrate leadership



Reflective account

- Brief description of your practice in the last year
- Typical users of your service
- Real life example(s) of situation that led you to reflect, leading to the development of your practice
- What were the outcomes you noticed?
- What led to those outcomes?
- What are you doing differently?
- How has this improved the service you provide?



Reflective account - example

Description of practice	Run training and coaching company provided leadership and clinical skills training to pharmacists
Users of service	Pharmacists, prereg pharmacists, pharmacy technicians, pharmacy support staff, other healthcare professionals, leaders and managers working in healthcare
Standard	pharmacy professionals must demonstrate leadership
Example	Delivered a learning event to help contractors meet risk management criteria of QPS 2018
Outcome	Very positive feedback from contractors
What led to these outcomes?	Approach adopted took contractors through all the criteria in a step by step process. Used required forms and created forms to create stepwise process to complete tasks. Participants left the workshop with 80% of criteria complete.
What am I doing differently?	Designed appropriate workshops in a similar manor, leading people through step by step, ensuring they leave with a "live" task completed.
Improved service	Positive feedback from people attending the course



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Peer discussion

Encourages better reflection by explaining to another who will provide support and challenge



Peer discussion - topic

- Learning plan
- Success or challenge
- A critical incident
- Where you have exceeded GPhC standards
- Improvement activities you have undertaken



Who can be your peer?

- A colleague
- Line manager or subordinate
- Someone in similar role
- Someone with a similar professional background
- Another healthcare professional
- Expert patient

Not

- Someone with a personal relationship
- Conflict of interest
- HCP under sanction



Role of the peer

- Listen
- Prompt
- Ask questions
- Challenge thinking
- Encourage development

Not

- To judge
- To evaluate

Peer – questions to ask

- What happened?
- What else was happening at that time?
- What led to that happening?
- What influenced you to do what you did?
- What could you have done differently?
- What was the reaction of other people?
- How did this effect other people?
- What was the final outcome?
- What will you do differently now?
- How will this benefit the people who use your service?
- When will you make a change?
- In a similar situation I did.... How would that work for you?

Avoid WHY?



Why leads to
justification!

What & how leads to facts



Peer discussion - record

- Do not describe the detail of your discussion
- Describe your reflections from the discussion
 - Suggestions
 - Changes
 - Results of changes
- Confirm peer happy to be named
- Record the peer name, role, organisation, telephone number and email address



Peer discussion - reflection

- Why did you pick your peer?
- Are they willing to be contacted?
- What was the topic of your discussion?
- What is your main learning from the discussion?
- What are you going to do differently?
- What was the outcome of doing something differently?



Next steps

- Write up your CPD records
- Write up the submission for your reflective account from your notes
- Do what you planned to do differently following the peer discussion and look at how this affected the people who use your service
- Write up your submission for your peer discussion from your notes and include the impact on the people who use your service